

Veteran Resource Solutions Group LLC

Veteran-owned. Hands-on leadership. Built to deliver.

Veteran Resource Solutions Group LLC (VRSG) is an SBA-certified Service-Disabled Veteran-Owned Small Business in Alexandria, Virginia. We serve federal, state, and commercial customers in transportation and logistics, construction and site work, facility support, healthcare operations, and management consulting.

VRSG was founded in 2026 by leaders with real experience behind them: a Marine Corps veteran and licensed general contractor, a trucking and logistics operator with more than 20 years on the road, and a healthcare documentation leader who has worked inside VHA and DoD/DHA programs. When you hire VRSG, the people you meet during the bid are the people who run the job.



AT A GLANCE

20+

Years in trucking and transportation

10+

Years in construction and contracting

8+

Years in healthcare documentation and EHR

SDVOSB

SBA certified

CERTIFICATIONS



UEI and CAGE code assigned

KEY DIFFERENTIATORS

- ◆ Veteran-owned and SBA-certified, positioned for veteran set-aside contracting
- ◆ One accountable team spanning transportation, construction, and healthcare
- ◆ Mission-first discipline from Marine Corps service, with safety and accuracy built into every operation
- ◆ Hands-on familiarity with VHA and DoD/DHA healthcare standards and expectations
- ◆ Owner-operators who stay involved from award through delivery
- ◆ Contract-ready today, with an active SAM.gov registration, UEI, and CAGE code

CORE CAPABILITIES

Transportation and Logistics

- Local, regional, and long-distance freight hauling
- Dump truck, tractor-trailer, dry van, refrigerated, flatbed, and heavy equipment transport
- Container and drayage transport
- Load dispatching, fleet coordination, ELD compliance, and DOT-compliant operations

Construction and Site Services

- General contracting and construction management
- Concrete, masonry, carpentry, framing, roofing, fencing, and painting
- Site work, earthwork, excavation, and demolition
- Estimating, subcontractor coordination, scheduling, and OSHA-compliant safety practices

Facility and Support Services

- Janitorial services
- Landscaping services
- Office administration and general support services

Healthcare Operations and Clinical Services Support

- Clinical documentation improvement (CDI), health information management, and medical coding and auditing
- EHR training, workflow analysis, and go-live support (Cerner and Epic)
- Provider education, SOP development, and healthcare data analytics

Management Consulting and Training

- Administrative and general management consulting
- Professional and management development training
- Process improvement, compliance support, and program coordination

Leadership and Experience



LEADERSHIP TEAM

Carlos Howard

President / CEO

U.S. Marine Corps Veteran

James Lucas

COO and Vice-President

Trucking and Transportation

Christeen Tillman

Head of Compliance

VHA and DoD/DHA Healthcare

COMPANY EXPERIENCE

Military Leadership

- Marine Corps air traffic control experience (1998 to 2007), directing aircraft operations under pressure and supervising Marines.

Transportation and Logistics

- 20+ years across local, regional, OTR, and drayage operations, from dump trucks and tractor-trailers to container, dry van, and refrigerated freight.
- Hauling of asphalt, dirt, stone, gravel, and contaminated materials, plus five years of trash truck operations for DC Government (2009 to 2014).
- Load board dispatching, job booking, payroll, and fleet management, backed by CDL Class A and B, Tanker Endorsement, Certified ELD, and TWIC credentials.

Construction and Facility Services

- 10+ years delivering residential and commercial projects as owner, general contractor, and construction manager, under a Virginia Class A Contractor License.
- Estimating, budgets, subcontractor management, and OSHA and building code compliance.
- Commercial cleaning contracts for high-rise apartment buildings and retail stores through a former Jani-King franchise.

Healthcare Operations

- 8+ years in clinical documentation improvement (CDI), health information management (HIM), and EHR training across VHA and DoD/DHA environments.
- Supervision of VHA documentation specialists and auditors, and leadership of a 15+ member inpatient CDI team at Walter Reed Medical Center.
- EHR/EMR lead training for military treatment facility staff on Cerner, Essentris, CHCS, JLV, and AHLTA.
- Credentials include RHIT, CCS, CPMA, CPC, CRCR, Certified Essentris/EHR Specialist, and Health Care Data Analytics.

NAICS CODES

485991 Special Needs Transportation

PRIMARY

TRANSPORTATION

484110 General Freight Trucking, Local

484121 General Freight Trucking, Long Distance, Truckload

485999 All Other Transit and Ground Passenger Transportation

492110 Couriers and Express Delivery Services

CONSULTING, TRAINING, AND PROFESSIONAL SERVICES

541219 Other Accounting Services

541519 Other Computer Related Services (including IT Value Added Resellers)

541611 Administrative Management and General Management Consulting Services

611430 Professional and Management Development Training

FACILITY AND SUPPORT SERVICES

561110 Office Administrative Services

561720 Janitorial Services

561730 Landscaping Services

561990 All Other Support Services

HEALTHCARE AND COMMUNITY SERVICES

621420 Outpatient Mental Health and Substance Abuse Centers

621610 Home Health Care Services

621999 All Other Miscellaneous Ambulatory Health Care Services

623220 Residential Mental Health and Substance Abuse Facilities

624190 Other Individual and Family Services

624229 Other Community Housing Services

LEGAL NAME

Veteran Resource Solutions Group LLC

UEI

JEV5D7FNPRK5

CAGE CODE

20DDO

YEAR ESTABLISHED

2026

ADDRESS

Suite 150, 1727 King Street, Alexandria, VA 22314

WEBSITE

veteranresourcesolutionsgroup.com

POINTS OF CONTACT

Carlos Howard

PRESIDENT / CEO

703-929-3972

carlos@veteranresourcesolutionsgroup.com

James Lucas

COO AND VICE-PRESIDENT

240-888-5433

james@veteranresourcesolutionsgroup.com

Christeen Tillman

HEAD OF COMPLIANCE

443-570-9582